



APPLYING THE DEFINITION OF 'ONE CLEAR DAY' THE RULE AR178AA MAKES IT AN OFFENCE TO ADMINISTER, ATTEMPT TO ADMINISTER OR CAUSE TO BE ADMINISTERED ANY SUBSTANCE THAT MEETS THE DEFINITION WITHIN THE RULE OF 'ALKALINISING AGENT'.

FOR THE PURPOSES OF AR178AA, AN ALKALINISING AGENT IS ANY SUBSTANCE THAT MAY ELEVATE THE PLASMA TCO2 OF A HORSE, WHEN ADMINISTERED BY ANY ROUTE, WITH THE EXCEPTION OF BALANCED, COMMERCIAL ELECTROLYTE SUPPLEMENTS WHICH MAY CONTAIN SOME ALKALINISING AGENTS, BUT WHICH CAN BE DEMONSTRATED TO HAVE NEGLIGIBLE EFFECTS ON PLASMA TCO2 WHEN ADMINISTERED IN FEED ACCORDING TO THE MANUFACTURER'S RECOMMENDATIONS FOR NORMAL DAILY USE.

AR 178AA PROHIBITS THE ADMINISTRATION OF ALKALINISING AGENTS BY ANY ROUTE WITHIN THE ONE CLEAR DAY OF RACING, INCLUDING IN THE FEED.

ALKALINISING AGENTS THAT MUST NOT BE ADMINISTERED EITHER ON THE DAY OF THE RACE OR WITHIN THE ONE CLEAR DAY OF RACING INCLUDE, BUT ARE NOT LIMITED TO, BICARBONATES, CITRATES, SUCCINATES, ACETATES, PROPIONATES, MALEATES, LACTATES AND TROMETAMOL (THAM, TRIS BUFFER OR TROMETAMINE) AND ALSO INCLUDE PRODUCTS MARKETED AS URINARY ALKALINISERS AND HIND GUT BUFFERS.

PRODUCTS THAT CONTAIN ALKALINISING AGENTS



BICARBONATE SODA

PRODUCTS THAT CONTAIN ALKALINISING AGENTS AND WHICH FALL WITHIN THE DEFINITION INCLUDE PROPRIETARY FORMULATIONS SUCH AS: SODIUM BICARBONATE ("BICARB"), BALADENE®, LANG'S SOLUTION® FOR INTRAVENOUS USE, NEUTRA-SYRUP®, NEUTRALKA®, NEUTROLENE®, NEUTROLENE PLUS® AND NEUTRADEX® AND ANY OTHER PRODUCTS THAT ARE MARKETED AS LACTIC ACID BUFFERING OR NEUTRALISING PRODUCTS.

THESE PRODUCTS MUST NOT BE ADMINISTERED WITHIN ONE CLEAR DAY PRIOR TO RACING OR PRIOR TO COMPETING IN AN OFFICIAL TRIAL.



KER EQUISHURE®



BALADENE®



RANVETS NEUTROLENE®



ELECTROLYTE REPLACER B®



CARBINE CHEMICALS CARBELYTE®



CARBINE CHEMICALS CARBALENE®



CARBINE CHEMICALS RELOAD®



LANGS SOLUTION®



RANVETS NEUTROLENE PLUS®



NEUTRADEX®

PRODUCTS PICTURED ABOVE ARE ONLY A SMALL SELECTION OF THE ACTUAL PRODUCTS AVAILABLE. PLEASE SEEK ADVICE FOR OTHER INDIVIDUAL PRODUCTS.

BALANCED ELECTROLYTE SUPPLEMENTS AND POTASSIUM SUPPLEMENTS

BALANCED ELECTROLYTE SUPPLEMENTS AND POTASSIUM SUPPLEMENTS THAT CONTAIN ELECTROLYTES MAY BE ADMINISTERED ORALLY IN NORMALLY RECOMMENDED AMOUNTS WITHIN THE ONE CLEAR DAY BUT NOT ON RACEDAY PRIOR TO RACING.

EXAMPLES OF NORMAL BALANCED ELECTROLYTE PRODUCTS WOULD INCLUDE SUCH PROPRIETARY PREPARATIONS AS APPLYTE GEL®, ELECTROMIX®, ELECTRO PASTE®, ELECTROVITE PASTE®, ENDURA-MAX®, ENDURA-MAX PASTE®, EQUICHARGE®, HORSPOUR®, HUMIDIMIX®, KELATOLYTE ELECTROLYTE REPLACER®, RANVET ELECTROLYTES®, RECHARGE®, RESTORE® AND VETSENSE®.



ELECTRO PASTE®

COMMERCIAL ELECTROLYTE SUPPLEMENTS WHICH MAY CONTAIN SOME ALKALINISING AGENTS BUT WHICH SHOULD HAVE NEGLIGIBLE EFFECTS ON PLASMA TCO2 WHEN ADMINISTERED IN FEED ACCORDING TO THE MANUFACTURERS' RECOMMENDATIONS FOR NORMAL DAILY USE INCLUDE EQUILYTE®, RACE ELECTROLYTE®, AND SALKAVITE®.

SALKAVITE®



INTRAVENOUS SOLUTION MUST NOT BE ADMINISTERED WITHIN ONE CLEAR DAY PRIOR TO RACING (AR178A)

COMMERCIAL BALANCED INTRAVENOUS SOLUTIONS THAT CAN BE USED UP TO AND INCLUDING THE DAY PRIOR TO AN OFFICIAL TRIAL INCLUDE DARROW'S SOLUTION®, HARTMANN'S SOLUTION® AND LACTATED RINGERS.

IF YOU ARE UNSURE PLEASE CONTACT RACING VICTORIA STEWARDS OR THE DEPARTMENT OF EQUINE WELFARE AND VETERINARY SERVICES (03) 9258 4258 OR GRACE FORBES 0406 750 390 DION VILLELLA 0407 877 679





A FUNDAMENTAL PRINCIPLE OF AUSTRALIAN RACING IS THAT HORSES MUST RACE FREE OF THE PHARMACOLOGICAL (OR TOXICOLOGICAL) EFFECT OF DRUGS OR OTHER SUBSTANCES.

TO ASSIST IN MAINTAINING THIS PRINCIPLE, IT IS **NOT PERMITTED TO ADMINISTER ANY MEDICATION TO A HORSE ON RACE DAY PRIOR TO IT RUNNING IN A RACE** [AR 178E(1)].

**"MEDICATION"** MEANS ANY TREATMENT WITH DRUGS OR OTHER SUBSTANCES.

AS A GENERAL PRINCIPLE, ANY SUBSTANCE ADMINISTERED WITH THE INTENT OR HOPE OF ACHIEVING A PHARMACOLOGICAL EFFECT / THERAPEUTIC EFFECT WILL BE CONSIDERED AS A MEDICATION UNDER THE RULES.

PRODUCTS THAT CLAIM TO PROVIDE PHARMACOLOGICAL EFFECTS AND TO BE UNDETECTABLE.

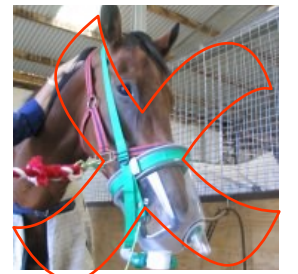
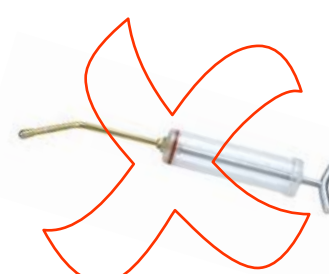
THERE ARE NUMEROUS PRODUCTS, OFTEN HERBAL OR HOMEOPATHIC PREPARATIONS, THAT CLAIM TO PROVIDE SIGNIFICANT PHARMACOLOGICAL EFFECTS SUCH AS A DIURETIC ACTION, ANALGESIA, ANTI-INFLAMMATORY ACTIONS OR BRONCHODILATOR ACTIONS AND ALSO CLAIM TO BE UNDETECTABLE BY LABORATORY TESTING.

THESE TYPES OF PRODUCTS FALL WITHIN THE DEFINITION OF A MEDICATION AND ARE NOT ALLOWED TO BE ADMINISTERED TO A HORSE ON RACE DAY PRIOR TO A RACE.

## ROUTES OF ADMINISTRATION OF MEDICATION NOT PERMITTED ON RACE DAY

ANY SUBSTANCE ADMINISTERED TO A HORSE ON RACEDAY PRIOR TO RACING BY INJECTION, STOMACH TUBE, PASTE, DOSE SYRINGE, TOPICAL APPLICATION OR BY INHALATION, AMONGST ANY OTHER ROUTES OF ADMINISTRATION, WILL BE CONSIDERED A MEDICATION.

ONLY NORMAL FEEDING AND SUPPLEMENTATION, ACCORDING TO MANUFACTURE'S RECOMMENDATIONS FOR NORMAL DAILY USE, THAT CAN BE ACHIEVED BY THE HORSE VOLUNTARILY EATING OR DRINKING THE FEEDSTUFF CAN BE CONSIDERED ACCEPTABLE ON THE DAY OF RACING.



## PHYSICAL THERAPIES NOT PERMITTED ON RACE DAY

THE FOLLOWING PHYSICAL TREATMENTS ARE NOT PERMITTED, BY ORDER OF THE STEWARDS, TO BE USED AT ANYTIME BEFORE RACING ON THE DAY OF RACING.

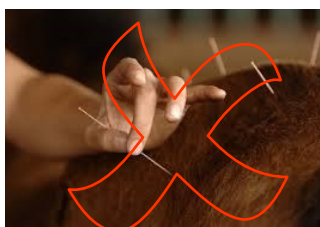
PHYSICAL TREATMENTS WHICH ARE NOT TO BE GIVEN ON RACE DAY INCLUDE, BUT ARE NOT LIMITED TO:  
ACUPUNCTURE (INCLUDING LASER AND INFRA-RED TREATMENT)      MAGNETIC FIELD THERAPY

THERAPEUTIC ULTRASOUND

TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION (TENS)

AND ANY OTHER FORM OF ELECTRICAL STIMULATION

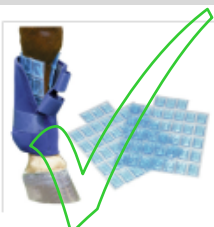
EXTRA- CORPOREAL SHOCK WAVE (ESWT) TREATMENT OF RACEHORSES IS PROHIBITED FOR SEVEN (7) CLEAR DAYS PRIOR TO RACING (AR 64H).



## PERMITTED ON RACE DAY

### APPLICATION OF ICE/COLD WATER TO MUSCULOSKELETAL STRUCTURES

THE APPLICATION OF ICE OR CHILLED WATER, WHIRLPOOL BOOTS OR SYSTEMS SUCH AS 'GAME READY', TO MUSCULOSKELETAL STRUCTURES ON THE MORNING OF THE RACE DAY ARE PERMITTED BUT ARE NOT PERMITTED ON THE RACECOURSE PRIOR TO A HORSE RUNNING IN A RACE.



### SEEK PERMISSION — TOPICAL APPLICATIONS

WHILE TOPICAL APPLICATIONS ARE CONSIDERED TO BE MEDICATIONS, CIRCUMSTANCES MAY ARISE WHEN A HORSE MAY SUFFER A MINOR INJURY, THAT DOES NOT AFFECT ITS SUITABILITY TO RACE BUT WOULD BENEFIT FROM THE PROPHYLACTIC APPLICATION OF A TOPICAL ANTIBIOTIC OR ANTISEPTIC.

IN SUCH CIRCUMSTANCES, A TRAINER MUST APPLY PRIOR TO THE STEWARDS FOR PERMISSION TO ADMINISTER THE MEDICATION.



### THE APPLICATION OF HOOF OILS

THE APPLICATION OF ROUTINE HOOF OILS IS PERMITTED ON THE DAY OF RACING, EXCEPT IF THAT PRODUCTS CONTAINS MEDICATIONS OR HERBS THAT CLAIM THERAPEUTIC EFFECTS SUCH AS ANALGESIA OR ANTI-INFLAMMATORY ACTIONS.



### BABY OIL & PETROLEUM JELLY

BABY OIL & PETROLEUM JELLY ARE PERMITTED.



### SHAMPOOS & FLY SPRAYS

SHAMPOOS & FLY SPRAYS ARE PERMITTED.



### VIBRATORY MASSAGE

VIBRATORY MASSAGE SYSTEMS MAY BE USED IN THE STABLE ON THE MORNING OF THE RACE DAY BUT ARE NOT PERMITTED ON THE RACECOURSE.



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THE CHARTS BELOW RELATE TO RULES OF RACING WHICH PROHIBIT THE ADMINISTRATION OF SUBSTANCES OR TREATMENTS FOR A NUMBER OF CLEAR DAYS PRIOR TO A RACE, OFFICIAL TRIAL OR JUMP OUT.

THESE CHARTS SEEK TO ASSIST THE TRAINER BY VISUALLY SHOWING THE DAYS ON WHICH SUBSTANCES OR TREATMENTS CANNOT BE ADMINISTERED.

THE YELLOW HIGHLIGHTS REPRESENT **CLEAR DAYS** ON WHICH THE SUBSTANCE OR TREATMENT CAN NOT BE ADMINISTERED. THE GREEN HIGHLIGHTS REPRESENT THE DAY OF THE **RACE, OFFICIAL TRIAL OR JUMPOUT**. THE RED HIGHLIGHTS REPRESENT THE **LAST DAY THE SUBSTANCE OR TREATMENT CAN BE ADMINISTERED**. SUBSTANCES OR TREATMENTS CANNOT BE ADMINISTERED ON THE DAY OF THE RACE, OFFICIAL TRIAL OR JUMPOUT PRIOR TO THAT RACE, OFFICIAL TRIAL OR JUMPOUT.

**8 CLEAR DAYS – INTRA-ARTICULAR CORTICOSTEROIDS (AR 64M) (INCLUDING BUT NOT LIMITED TO KENACORT®, CELESTONE®, INTRA LOG INJECTION®)**

MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS	FRI	SAT
IA CS ADMIN	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACEDAY TRIAL JUMPOUT			
			IA CS ADMIN	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACEDAY TRIAL JUMPOUT

**7 CLEAR DAYS – SHOCK WAVE (AR 64H)**

MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS	FRI	SAT
	SHOCK WAVE	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACEDAY TRIAL JUMPOUT			
				SHOCK WAVE	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACEDAY TRIAL JUMPOUT

**5 CLEAR DAYS – VACCINATION (AR 64N)**

MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS	FRI	SAT
			VACCINE	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACEDAY			
						VACCINE	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACEDAY

**1 CLEAR DAY – INJECTIONS (AR 178AB) & ALKALINISING AGENTS (AR 178AA) & STOMACH TUBE (AR 64G)**

MON	TUE	WED	THU	FRI	SAT	SUN
ALL INJECTIONS	CLEAR DAY	RACE DAY				
STOMACH TUBE TREATMENT ALKALINISING AGENT ADMINISTRATION		RACE DAY TRIAL				
			ALL INJECTIONS STOMACH TUBE TREATMENT ALKALINISING AGENT ADMINISTRATION	CLEAR DAY	RACE DAY	
					RACE DAY TRIAL	

**EXEMPTED SUBSTANCES (AR 178C (2))**

MON	TUE	WED	THU	FRI	SAT	SUN
	EXEMPTED SUBSTANCES	RACE DAY				
				EXEMPTED SUBSTANCES	RACE DAY	

THE FOLLOWING ORALLY ADMINISTERED SUBSTANCES ARE EXEMPTED FROM THE PROVISIONS OF RULE AR 178B, AND MAY BE ADMINISTERED UP TO BUT NOT INCLUDING THE DAY OF A RACE

ANTIMICROBIALS (ANTIBIOTICS), BUT NOT PROCAINE PENICILLIN  
 RANITIDINE (E.G. ULCERGUARD®)  
 BROMHEXINE  
 DEMBEXINE  
 ALTRENOGEST WHEN ADMINISTERED TO FILLIES AND MARES (E.G. REGUMATE®)

ANTIPARASITICS APPROVED AND REGISTERED FOR USE IN HORSES  
 OMEPRAZOLE (E.G. GASTROZOL®, OMOGUARD®)  
 CHONDROITIN SULPHATE (E.G. COSEQUIN EQUINE®)  
 GLUCOSAMINE (E.G. JOINT GUARD®)



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